



### REFLECTION QUESTIONS for *The Elegant Out*

1. What makes you come alive?
2. Where does fear stop you?
3. The *Elegant Out* is about a woman grappling with the whether her desire to have another baby is really just an 'elegant out' for not going after what she really wants. What are your elegant outs?
4. What could you let go of in your life?
5. Elizabeth talks about the proverbial hands around the neck? Who has 'hands' around your neck? What 'hands' do you keep around your own neck?
6. If you were unleashed from those hands, if fear didn't stop you, what would you do?
7. What do you want to be acknowledged for?

## **GENERAL QUESTIONS for *The Elegant Out***

1. Pretend you're another famous author writing a blurb for the cover. What would you say?
2. What themes did you detect in the story? What were the main points you think the author, Elizabeth, was trying to make?
3. Who's your favorite character and why?
4. If you could meet one of the characters right now, what would you say to them?
5. Are there any quotes, passages, or scenes you found particularly compelling? Why did this quote, passage, scene stand out?
6. What parts of the book were unique, out of place, thought provoking, or disturbing?
7. If you got the chance to ask the author, Elizabeth, one question, what would it be?
8. Were you satisfied with how the story ended?
9. What new perspective do you have as a result of reading this book?
10. What did you learn that you didn't know before?